



2025 Year of Divine Acceleration

Power Notes

Power Night- Tuesday- March 25, 2025

“Anchored in Christ- Pt. 4 ;Acknowledging What is already inside of the Believer”

Pastor James T. Elam Jr.



Galatians 5:22-23 AMP.-But the fruit of the Spirit [the result of His presence within us] is love [unselfish concern for others], joy, [inner] peace, patience [not the ability to wait, but how we act while waiting], kindness, goodness, faithfulness, 23 gentleness, self-control. Against such things there is no law.

Last Week's Scripture recap that ties into this week's scripture reference:

Hebrews 6:19 AMPC..- [Now] we have this [hope] as a sure and steadfast anchor of the soul [it cannot slip and it cannot [a]break down under whoever steps out upon it—a hope] that reaches [b]farther and enters into [the very certainty of the Presence] within the veil,



Key Points to Remember:

- Our soul is our **mind, will, and emotions**. It is NOT out spirit. Our soul needs an anchor as the enemy tries to get the soul outside of the will of God to open up a door for entrance to block **the blessing**.
- Being **anchored** in the Lord with our soul is the way to success as a christian. Our old mindsets can get us off so that our flesh is not anchored. Our spirit is divinity, so it is anchored. Hebrews 6:19 Jesus is our **hope. He is the word and the word or Jesus is our anchor**. this anchor, (Jesus/word) cannot slip or breakdown. Just like a natural anchor goes down deep into the sea to keep ships in place especially, during storms, Jesus acts as our anchor in the same way when we face storms in our lives.
- In order to anchor our flesh in Jesus, we MUST renew our minds which is to replace our ideas with God's ideas in our conscious/subconscious mind. The **conscious mind** is where we think and reason, our intellect and five senses, imagination and ability to choose, accept and reject. So we need to get what's in our subconscious mind to come to our conscious mind. However, we must first renew our mindset because the subconscious mind holds both good and bad stuff, what we have learned throughout our lives good or bad. These beliefs, experiences etc. become automatic so we must re-train and renew our subconscious minds to the word of God. By doing so and operating out of a renewed mind, we can change our thoughts and behaviors to what the word of God says. The subconscious mind does not have the ability like the conscious mind to reject so once our subconscious mind is renewed by the word of God we can now **change** our old belief system. The subconscious mind affects the conscious mind by exerting an effect on

conscious thoughts and behavior. The subconscious cannot tell what is real or imagined-it just knows what you put in your belief system. Even though you have the Holy Spirit on the inside, you cannot stay anchored because your subconscious mind is not renewed. This is the reason we try to not do something, we can't stay consistent and only able to do something for a short time. The only way the subconscious mind changes is by repetition- that is the reason we must meditate on the truth of what the word says, to change our subconscious thoughts.

- **Philemon 1:6- KJV- that the communication of thy faith may become effectual by the acknowledging of every good thing which is in you in Christ Jesus.**-We have the fruit of the spirit on the inside of us that will help us, but we must first acknowledge what we already have.
- **The Fruit of the Spirit described in Galatians 5:22-23 is what is inside of the believe to keep them anchored in Christ.** But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith, 23 Meekness, temperance: against such there is no law.
- If you are going to renew your mind, you must first **acknowledge** what is already inside of you to help renew your mind so your faith can begin to work. To acknowledge is to admit.

The (2) Fruit that are good to acknowledge and grow in are:

1. Faithfulness- trustworthy, loyal, dependable, devoted, commitment, dedication, true to one's word
 2. Temperance- one who has self-resistance/control, the ability to regulate one's emotion.
- You can see how acknowledging the two fruit above,(or the attributes of Jesus through the Holy Spirit inside of you), you can begin to use these fruit to renew your mind to become ***anchored in Christ***. If you operate and allow the fruit of faithfulness to grow- you will become more committed and true to your word, and the word of God. If you operate in and grow the fruit of self-control, you are now no longer led by your flesh and emotions because the fruit of self-control is leading you to NOT do every thing your flesh tells you to do.
 - **Every day** begin to as ***Philemon 1:6 instructs the believer- acknowledge/admit what is already inside of the Believer- THE FRUIT OF THE SPIRIT.***

Daily begin to confess:

Lord, I thank you that the fruit of the Holy Spirit lives inside of me. Therefore, I am faithful. I am dependable. I am committed to you and your word. I have self-control. I tell my flesh and soul what to do. I will not be led by my flesh, my mind, my will, and my emotions. The fruit of self-control leads me daily. My mind is being renewed by the word of God and the fruit of the spirit in Jesus' name!