DAILY TENDER HEART CONFESSION

A Heart Check — Conviction, NOT Condemnation

Today, I submit my heart to God.

I will not trust my feelings to tell me the condition of my heart. I trust the **Word of God** to search me, correct me, and reveal what needs to change in me.

Holy Spirit, search my heart and show me anything that is not pleasing to God. I receive correction without condemnation, and I choose repentance over excuses.

I will not allow **offense, hurt, rejection, betrayal, or disappointment** to harden my heart. I will not repay evil with evil or insult with insult. **I choose to bless, forgive, and pursue peace.**

I can set healthy boundaries without hatred. I can remember what happened without living in offense. I release the need for revenge and trust God to handle what I cannot.

My heart is tender toward God and sensitive to His voice. I am quick to hear, willing to obey, ready to forgive, and humble enough to change.

I will not allow what someone **did to me** to determine what **comes out of me.**

Today, I choose a heart that reflects Christ.

I am blessed, I am called to bless, and I will not allow anyone's behavior to rob me of the blessing God has for me.

In Jesus' name, Amen.